

REFLEXOLOGY

Our Reflexology focuses on applying pressure to specific parts of the feet to rebalance mind, body and soul. Used to aid the body's natural healing process and help it to function more efficiently and effectively, it can treat a wide range of conditions including tension, stress and anxiety, migraines and insomnia.

Jet Lag

A rejuvenating and energising treatment to help adjust the mind and body to the ideal time zone. Perfect for those returning or planning a long haul trip.
50 mins | £70.00

Peace & Calm

For complete stress reduction and total relaxation, this treatment will help slow you down, soothe away tension and aid restful sleep.
50 mins | £70.00

Rise & Shine

Feeling tired or lacking energy? This treatment will help lift your mood and boost energy levels.
50 mins | £70.00

Fresh Start

For those feeling sluggish, slow or heavy, release unwanted toxins with this treatment to truly cleanse your soul and start fresh.
50 mins | £70.00

CORPORATE PARTY

The perfect venue when you want to impress! Details upon request.

PERFECT WEDDING FEET

The perfect gift for all brides, grooms or partners to be. We will put together a course of weekly treatments during the lead up to your wedding day making sure your feet and hands are in tip-top condition. Please ask at reception for further details.

Margaret Dabbs

LONDON

Margaret Dabbs London is a globally recognised brand specialising in credible, results-driven foot and hand care products and treatments for both men and women. Leaders in Medical Pedicures and Manicures and providing an unrivalled experience for effective, long lasting anti-ageing treatments for the hands and feet.



OPENING HOURS

Monday – Saturday	10am – 7pm
Sunday	12pm – 6pm

CANCELLATION POLICY

We operate a 24 hour cancellation policy and require 24 hours notice to re-arrange or cancel an appointment.

Margaret Dabbs London Sole Spa at Liberty London

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Margaret Dabbs

LONDON

FABULOUS HANDS & FEET



TREATMENT MENU

LIBERTY
LONDON

FOOT CLINIC TREATMENTS

All our foot clinic treatments are carried out by specialist trained and qualified podiatrists. Offering a full range of treatments focusing on all aspects of foot health. Margaret Dabbs is the authority on feet and the pioneer of the medical pedicure with clinics throughout the UK, Dubai and Qatar with a global reputation for excellence.

Margaret Dabbs London Ultimate Luxury Foot Therapy

This luxury, expert pedicure provides the same core treatment as the Margaret Dabbs London Medical Pedicure but utilises the full product range finishing with exfoliation, a foot bath and includes a luxury foot and lower leg massage with oxygen therapy - perfect to help relieve stress and rejuvenate the body.
70 mins | £135.00

With Director / Principal Podiatrist | £175.00

Margaret Dabbs London Medical Pedicure

Our signature treatment is globally renowned for creating the perfect sole. It is carried out by a qualified podiatrist, giving feet a complete overhaul and addresses all aspects of foot health. The pedicure is performed on a dry foot to ensure exceptionally long lasting results and uses the award winning Margaret Dabbs London product range. A perfect pedicure and diagnostic tool for advanced treatments, popular with both men and women.
45 mins | £85.00 | with Director / Principal Podiatrist | £130.00

Diabetic Review 30 mins £50.00	Diabetic Medical Pedicure 60 mins £120.00
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Margaret Dabbs London Laser Therapy

Eradicate nail fungus and stubborn plantar warts with the Margaret Dabbs London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions.
Prices start from £175.00 - £250.00

Laser Consultation with Fungal Studies

30 mins | £80.00 | with Director / Principal Podiatrist | £93.00

Medical Pedicure with Fungal Studies

60 mins | from £120.00
with Director / Principal Podiatrist | £175.00

Lower Laser Therapy

Treatment for plantar fasciitis, ligament and joint pain, common foot pain and pre and post-surgery care. A quick and pain free treatment with long lasting benefits.
Prices start from £60.00

Foot Manipulation & Mobilisation

20 mins | £48.00 | with Director / Principal Podiatrist | £60.00

Medical Nail Reconstruction

20 mins | £50.00 per nail

Prescription Orthotics

A full foot and leg assessment carried out by the podiatrist using the latest evidence based 3D scanning technology, highlighting pressure points and arch height. This assessment includes muscle, joint and range of movement and motion testing. This process leads to the production of custom-made orthotics to support the feet and aid gait related problems in the back, hips, knees and ankles.

Biomechanical Assessment 30 mins | £85.00
with Director / Principal Podiatrist | £130.00
Prescription Orthotics from £400.00

Foot Acupuncture

Acupuncture is a method of encouraging the body to promote natural healing and to improve functioning. Foot acupuncture is a quick, safe and effective way of relieving foot and joint pain, as well as being an alternative holistic treatment for verrucae.
15 mins | £40.00

Foot Acupuncture & Oxygen Therapy

15 mins | £60.00

Oxygen Therapy - Rejuvenate, Replenish and Calm

In a world where we are very limited to inhaling pure oxygen from natural sources, oxygen therapy offers the perfect solution to maintaining health, wellbeing and equilibrium. Oxygen is perfect for relieving stress and relaxing for those who find it difficult to switch off and unwind. Enjoy alongside any of our Margaret Dabbs London Manicure and Pedicure treatments.
20 mins | £20.00

ANTI-AGEING HAND TREATMENTS

Face Lift for the Hands

The Laser Rejuvenating Hand Treatment has been clinically proven to stimulate and regrow new healthy skin cells from the hypodermis which will tighten and illuminate the skin, visibly minimise the effects of ageing and successfully regenerate lost collagen. This is recommended for anyone who is concerned about the appearance of ageing hands, loss of skin volume and elasticity, uneven skin tone and wrinkles or thin skin.

Patch Test 30 mins | £50.00*
50 mins | £150.00
Course of 6 treatments | £750.00 (saving £150.00)
Home Care Kit | £100.00

*A patch test will be performed at the time of consultation and is refundable against the total cost of the Laser Hand Course.

NAIL SPA TREATMENTS

We can keep you looking groomed and polished. Expert manicures and pedicures for fabulous hands and feet, for him and for her. Performed by professionally trained Margaret Dabbs London nail technicians; whether it's a party night out, a work event or day to day grooming, our manicures and pedicures are the best in the business.

Margaret Dabbs London Supreme Pedicure

Our outstanding signature pedicure treatment. Giving long lasting results, with the indulgence of the full range of Margaret Dabbs London Fabulous Feet products and finishing with exfoliation, a foot bath and a wonderful revitalising and hydrating foot massage. Pure transformation with really effective results.
55 mins | £60.00

Margaret Dabbs London Total Pedicure

40 mins | £45.00

Shape & Polish
20 mins | £25.00

Shape & French Polish
25 mins | £28.00

Podiatry Referral Polish Only

20 mins | £15.00

Margaret Dabbs London Supreme Manicure

Our outstanding anti-ageing signature manicure treatment. Giving exceptional results, with the indulgence of the full range of Margaret Dabbs London Fabulous Hands products and finishing with a wonderful creamy scrub, anti-ageing hand serum and a hand and lower arm massage. Simply the best manicure you can find.
50 mins | £50.00

Margaret Dabbs London Total Manicure

35 mins | £35.00

Shape & Polish
20 mins | £22.00

Shape & French Polish
25 mins | £25.00

Male Pedicure
30 mins | £40.00

Male Manicure
20 mins | £25.00

DETOX BATHS

The perfect way to rid toxins from the body and sole. Designed to stimulate the senses our 15 minute foot bath allows you to relax and enjoy this refreshing sole stimulation.
15 mins | £15.00

FOOT MESSAGES

A quick treat, enjoy a stress-free foot pampering massage, guaranteed to relieve and refresh over tired, over worked feet.
20 mins | £20.00
20 mins | £40.00 with oxygen