

## REFLEXOLOGY

Our Reflexology focuses on applying pressure to specific parts of the feet to rebalance mind, body and soul. Used to aid the body's natural healing process and help it to function more efficiently and effectively, it can treat a wide range of conditions including tension, stress and anxiety, migraines and insomnia.

### Jet Lag

A rejuvenating and energising treatment to help adjust the mind and body to the ideal time zone. Perfect for those returning or planning a long haul trip.

50 mins | £70.00

### Peace & Calm

For complete stress reduction and total relaxation, this treatment will help slow you down, soothe away tension and aid restful sleep.

50 mins | £70.00

### Rise & Shine

Feeling tired or lacking energy? This treatment will help lift your mood and boost energy levels.

50 mins | £70.00

### Fresh Start

For those feeling sluggish, slow or heavy, release unwanted toxins with this treatment to truly cleanse your soul and start fresh.

50 mins | £70.00



Medical Pedicures  
Laser Nail Treatments



Luxury Manicures  
& Pedicures



# Margaret Dabbs

LONDON

FABULOUS HANDS & FEET

## OPENING HOURS

Monday – Saturday

10am – 7pm

Sunday

12pm – 6pm

## CANCELLATION POLICY

We operate a 24 hour cancellation policy and require 24 hours notice to re-arrange or cancel an appointment.

Margaret Dabbs London  
Sole Spa at Liberty London

Great Marlborough Street  
London W1B 5AH  
+44 (0)20 7494 4492  
liberty@margaretdabbs.co.uk  
www.margaretdabbs.co.uk



**LIBERTY**  
LONDON

## FOOT CLINIC TREATMENTS

All our foot clinic treatments are carried out by specialist trained and qualified podiatrists.

### Margaret Dabbs Ultimate Luxury Foot Therapy

This luxury pedicure provides the same core treatment as the Margaret Dabbs Medical Pedicure but utilises the full product range and includes a luxury foot and lower leg massage with oxygen therapy - perfect to help relieve stress and rejuvenate the body.

70 mins | £135.00

with Director / Principal Podiatrist | £175.00

### Margaret Dabbs Medical Pedicure

Our defining Margaret Dabbs Medical Pedicure is renowned for creating the perfect sole. It is carried out by professional podiatrists, giving your feet a thorough overhaul and addresses all aspect of foot health. The pedicure is performed on a dry foot to ensure exceptionally long lasting results and uses the award winning Margaret Dabbs product range. A perfect thorough pedicure, popular with both men and women.

45 mins | £85.00

with Director / Principal Podiatrist | £130.00

### Diabetic Review

30 mins | £60.00

### Diabetic Medical Pedicure

60 mins | £120.00

### Laser Therapy

Eradicate nail fungus and stubborn plantar warts with the Margaret Dabbs London Laser Nail Fungal Treatment, an exclusively designed laser to treat foot conditions. Prices start from £175.00 - £250.00

### Laser Consultation with Fungal Studies

30 mins | £80.00

### Medical Pedicure with Fungal Studies

60 mins | from £120.00

### Lower Laser Therapy

A quick and pain free treatment with long lasting benefits to reduce inflammation, pain and to repair tissue. Prices start from £60.00

### Foot Manipulation & Mobilisation

20 mins | £48.00

### Advanced Nail Surgery

Cost at consultation

### Prescription Orthotics

Biomechanical Assessment 30 mins | £80.00

Prescription Orthotics from £400.00

### Foot Acupuncture

Acupuncture is a method of encouraging the body to promote natural healing and to improve functioning. Foot acupuncture is a quick, safe and effective way of relieving foot and joint pain, as well as being an alternative holistic treatment for verrucae.

15 mins | £40.00

### Foot Acupuncture & Oxygen Therapy

15 mins | £48.00

## NAIL SPA TREATMENTS

We can keep you looking groomed and polished. Expert manicures and pedicures for fabulous hands and feet, for him and for her. Performed by professionally trained Margaret Dabbs London nail technicians; whether it's a party night out, a work event or day to day grooming, our manicures and pedicures are the best in the business.

### Margaret Dabbs Supreme Pedicure

Our outstanding signature pedicure treatment. Giving long lasting results, with the indulgence of the full range of Margaret Dabbs Fabulous Feet products and finishing with exfoliation, a foot bath and a wonderful revitalising and hydrating foot massage. Pure transformation with really effective results.

55 mins | £60.00

### Margaret Dabbs Total Pedicure

40 mins | £45.00

### Shape & Polish

20 mins | £25.00

### Shape & French Polish

20 mins | £28.00

### Podiatry Referral Polish Only

20 mins | £15.00

### Podiatry Referral French Polish Only

20 mins | £20.00

### Male Pedicure

30 mins | £40.00

### Male Manicure

20 mins | £25.00

### Margaret Dabbs Supreme Manicure

Our outstanding anti-ageing signature manicure treatment. Giving exceptional results, with the indulgence of the full range of Margaret Dabbs Fabulous Hand products and finishing with a wonderful creamy scrub, anti-ageing hand serum and a hand and lower arm massage. Simply the best manicure you can find.

50 mins | £50.00

### Margaret Dabbs Total Manicure

35 mins | £35.00

### Shape & Polish

20 mins | £22.00

### Shape & French Polish

25 mins | £22.00

## DETOX BATHS

The perfect way to rid toxins from the body and sole. Designed to stimulate the senses our 15 minute foot bath allows you to relax and enjoy this refreshing sole stimulation.

15 mins | £15.00

## FOOT MASSAGES

A quick treat, enjoy a stress-free foot pampering massage, guaranteed to relieve and refresh over tired, over worked feet.

20 mins | £20.00

20 mins | £40.00 with oxygen

---

## CORPORATE PARTY

The perfect venue when you want to impress! Details upon request.

## PERFECT WEDDING FEET

The perfect gift for all brides, grooms or partners to be. We will put together a course of weekly treatments during the lead up to your wedding day making sure your feet and hands are in tip-top condition. Please ask at reception for further details.