

## EASY SLUMBER SOCKS

Level: Easy+  
v1.4

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### YOU WILL NEED



2 X 100G  
S&S  
THE CHUNKY WOOL



PAIR OF 8MM  
KNITTING  
NEEDLES



SEWING  
NEEDLE

### ABBREVIATIONS

- k** - knit  
**k2tog** - knit 2 stitches together  
**kfb** - knit into the front and the back of the same stitch (increase method)  
**p** - purl  
**rem** - remaining  
**sl1** - slip one stitch knitwise  
**st(s)** - stitch(es)

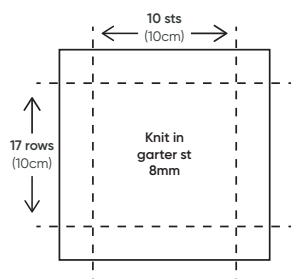
### Firstly... PRACTICE MAKES PERFECT

Familiarise yourself with the basic techniques before starting the main pattern. Visit our website for online tutorials to learn these techniques in this order: slip knot, cast on, knit, purl, rib stitch, garter stitch, decrease.

### Next... KNIT A SWATCH

Knit a gauge swatch before you begin to check that your tension, needles and yarn produce the same size in this pattern.

For accuracy cast on 14 stitches and knit 20 rows using 8mm needles. Once finished, make sure the material is relaxed and lying flat. Measure a 10 cm x 10 cm square within this gauge swatch and you should have 10 stitches and 17 rows.



If your tension is too tight (more stitches and/or rows) we recommend using slightly bigger needles. If your tension is too loose (fewer stitches and/or rows) we recommend using slightly smaller needles.

Once you're happy with your tension, you can unravel the swatch and use the yarn as part of your project.

### MEASUREMENTS

Fits women size (after blocking):

<b>S/M</b>	UK 3-5 EU 36-38 US 5-7	<b>L</b>	UK 6-8 EU 39-42 US 8-10
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#### How to follow

The pattern is written for the smallest size with changes for larger sizes in brackets. When only one number is given, it applies to all sizes. To follow the pattern more easily, circle all numbers pertaining to your size before beginning.

The socks are worked flat from top-down with turning at the heel and sewn along the front seams.

### START

Cast on 22 (24) sts.

### MAKE THE CUFF

Work in **rib stitch** for 6 (7) rows as follows:

**1st - 6th (7th) rows:** \* k1, p1, repeat from \* to end of row.

### MAIN BODY

Work in **garter stitch** pattern as follows:

**1st - 11th (12th) rows:** Knit to end.

### SHAPING THE HEEL - ALL SIZES

- 1st row:** k6, turn, sl1, k4, kfb. (23, 25 sts)  
**2nd row:** Knit to end.  
**3rd row:** k6, turn, sl1, k4, kfb. (24, 26 sts)  
**4th row:** Knit to end.  
**5th row:** k6, turn, sl1, k4, kfb. (25, 27 sts)  
**6th row:** Knit to end.  
**7th row:** k6, turn, sl1, k4, kfb. (26, 28 sts)  
**8th row:** Knit to end.  
**9th row:** k6, turn, sl1, k4, kfb. (27, 29 sts)  
**10th row:** Knit to end.  
**11th row:** k6, turn, sl1, k4, kfb. (28, 30 sts)  
**12th row:** Knit to end.  
**13th row:** k6, turn, sl1, k4, kfb. (29, 31 sts)  
**14th row:** Knit to end.  
**15th row:** k6, turn, sl1, k4, kfb. (30, 32 sts)  
**16th row:** Knit to end.

#### Size L only

- 17th row:** k6, turn, sl1, k4, kfb. (33 sts)  
**18th row:** Knit to end.  
**19th row:** k6, turn, sl1, k4, kfb. (34 sts)  
**20th row:** Knit to end.

#### FOR ALL SIZES

### DECREASE

- 1st row:** k2tog, k5, turn, sl1, k5. (29, 33 sts rem)  
**2nd row:** Knit to end.  
**3rd row:** k2tog, k5, turn, sl1, k5. (28, 32 sts rem)  
**4th row:** Knit to end.  
**5th row:** k2tog, k5, turn, sl1, k5. (27, 31 sts rem)  
**6th row:** Knit to end.  
**7th row:** k2tog, k5, turn, sl1, k5. (26, 30 sts rem)  
**8th row:** Knit to end.  
**9th row:** k2tog, k5, turn, sl1, k5. (25, 29 sts rem)  
**10th row:** Knit to end.  
**11th row:** k2tog, k5, turn, sl1, k5. (24, 28 sts rem)  
**12th row:** Knit to end.

#### Size L only

- 13th row:** k2tog, k5, turn, sl1, k5. (27 sts rem)  
**14th row:** Knit to end.  
**15th row:** k2tog, k5, turn, sl1, k5. (26 sts rem)  
**16th row:** Knit to end.

**FOR ALL SIZES**

- 1st row:** k2tog, k20 (22), k2tog. (22, 24 sts rem)  
**2nd -3rd rows:** Knit to end.  
**4th row:** k2tog, k18 (20), k2tog. (20, 22 sts rem)  
**5th - 6th rows:** Knit to end.  
**7th row:** k2tog, k16 (18), k2tog. (18, 20 sts rem)  
**8th - 9th rows:** Knit to end.  
**10th row:** k2tog, k14 (16), k2tog. (16, 18 sts rem)  
**11th - 12th rows:** Knit to end.

**Size L only**

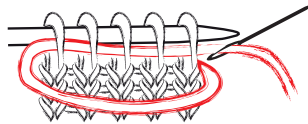
- 13th row:** k2tog, k14, k2tog. (16 sts rem)

**FOR ALL SIZES**

- 1st - 4th rows:** Knit to end.  
**5th row:** k2tog to end. (8 sts rem)  
**6th row:** k2tog to end. (4 sts rem)

**CASTING OFF**

Leave approx. 40cm tail, cut yarn. Thread tail onto sewing needle and run it through all 4 stitches left on knitting needle like a drawstring, starting at the opposite end to where the tail is. Remove knitting needle and draw tight to secure.

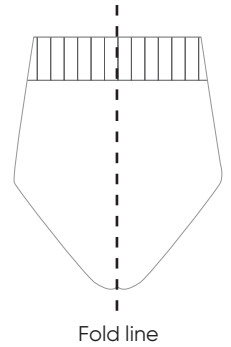
**FINISHING**** BLOCK YOUR WORK**

To keep your knitted piece from losing shape and/or to smooth out lumps and bumps, try blocking. This will achieve a more even look and stop your work from curling. Dampen a clean handkerchief or sheet of fabric and place it over your knitted work. Use a warm iron to press lightly on work to relax wool fibres. Continue until the handkerchief or sheet is dry.

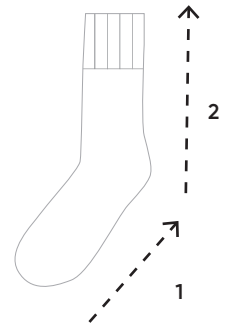
**SEWING UP**

After blocking, use the **sewing techniques** found in *Basic Knitting Instructions* leaflet to sew up:

1. With wrong side of the sock facing outwards, fold the sock in half width wise.



2. Starting from the cast off tip towards the cuff, sew the edges together to close the gap.



3. To finish, weave in any yarn tails on the wrong side of the socks.

**HOORAY, YOU'VE FINISHED!**

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