A RIHUR'S RESTAURANT BAR & CAFÉ

OPENING TIMES

Monday to Saturday 10.00 am - 7.00pm Sunday 12.00 - 5.00pm

BRUNCH

SMOKED BEAN, SPINACH & FREE-RANGE EGG (V) 8.95

Baby spinach & smoked bean, sourdough soldiers

SALMON, CHIVE & FREE-RANGE EGG 10.95

Smoked salmon, baby spinach, chive cream cheese, sourdough soldiers

FRESH WAFFLES 6.95

Maple syrup, seasonal fruit, cinnamon sugar (V) or

Candied bacon, smoked tomato chutney

SANDWICHES

ON RYE OR SOURDOUGH BREAD

BEETROOT CURED SALMON & AVOCADO 12.95

Beetroot, London salt cured salmon, dandelion dill & watercress, avocado mayonnaise

ROASTED SQUASH & BLACK BOMBER CHEDDAR 11.95

Roasted squash, Black Bomber Cheddar, crispy sage, toasted sesame seeds

SMOKED CHICKEN & WALNUTS 12.95

Oak smoked chicken, celeriac, radish, grape, toasted walnut dressing

SALT BEEF & FRESH HORSERADISH 12.95

Rare breed salt beef, fresh horseradish, watercress, tarragon, pickled cucumber

MAINS

CREAM OF CELERIAC SOUP & KALE PESTO (V) (G) 8.95

SUMAC CHICKEN SALAD (N) 17.95

Grilled gem, caper, anchovies, toasted flat bread & toasted almond tahini yoghurt

BEETROOT FALAFEL (G) (Ve) 15.45

Beetroot falafel, cumin roasted cauliflower, smoked aubergine, quinoa, toasted sunflower seeds, beetroot dressing

QUINOA & KALE TABBOULEH GRILLED HALLOUMI (V) 15.50

Organic quinoa, puy lentils, kale, pumpkin, shaved carrot, grilled halloumi, mint, coriander, pomegranate

ROASTED BUTTERNUT SQUASH, PURPLE BROCCOLI TARRAGON & BARLEY (V) (N) (Ve) 15.50

Giant couscous, barley, tender stem broccoli, roasted peppers, chicory, tarragon

SALMON POKE (N) 16.95

Soy & sesame cured salmon, seaweed noodles, avocado, fava beans, radish

MISO GLAZED CHICKEN & PICKLED MUSHROOMS 17.95

Glazed chicken breast, lightly pickled sauté mushrooms, crispy cabbage, roast baby potatoes

BAKED COD (G) 18.95

Roasted cod fillet, black eye bean, puy lentils, parsley, samphire & tomato ragout

SIDES

HERITAGE TOMATO SALAD, CAPERS & SHALLOTS (V) (G) 4.50
HONEY & CUMMIN ROAST CARROTS (V) (G) 4.50
MIXED LEAF SALAD (V) (G) 4.50
FRIES (V) (G) 4.50
SOURDOUGH BREAD WITH WHIPPED BUTTER (V) 4.50

CHILDREN'S MENU

CORNFLAKES CRUSTED CHICKEN GOUJOUNS, FRIES, SALAD 6.95
MAC & CHEESE WITH PARMESAN CRUMB (V) 6.95
HOMEMADE FISH FINGERS, FRIES & SALAD 6.95

ALL BAKED BY INGRID

POP BROWNIE (N) (V) (G) 7.95 Popcorn, Nutella cream

ARTHUR'S FAMOUS CARROT CAKE (N) (V) 7.95

BEETROOT & CHOCOLATE CAKE (N) (V) (Ve) 7.95

Coconut & beetroot bonbon, berry coulis

VANILLA CREAM TART 7.95

Madagascar vanilla cream, shortbread

LEMON CURD DESSERT (V) 7.95

Shortbread, meringues

AFTERNOON TEA

GLUTEN FREE SCONES AVAILABLE

CREAM TEA (V) £10.95

ALL DAY

Warm plain & cranberry scones, strawberry jam, Cornish clotted cream, freshly brewed tea or coffee

AFTERNOON TEA SELECTION FROM 3PM (ALL DAY SUNDAY)

AFTERNOON TEA £20.95 FOR ONE OR £38.95 FOR TWO

Selection of finger sandwiches, afternoon tea pastries & treats, warm plain or cranberry scone, strawberry jam, Cornish clotted cream, freshly brewed tea or coffee

TATTINGER CHAMPAGNE AFTERNOON TEA £30.95 FOR ONE OR £57.95 FOR TWO

A glass of Tattinger NV, selection of finger sandwiches, afternoon tea, pastries & treats, warm plain cranberry scone, strawberry jam, Cornish clotted cream, freshly brewed tea or coffee